

PUBLIC ROADS

WAR ROAD BUILDING POLICY

In Communication to Highway Officials, Secretary Houston Outlines Government Plan.

Secretary Houston of the department of agriculture in a communication to the American Association of State Highway Officials has set forth squarely the policy which he thinks should be followed in highway construction during the war. Secretary Houston says:

"So far as it is practicable to do so, this department will urge the maintenance of the highways already constructed; the construction and completion of those highways which are vitally important because of their bearing upon the war situation or for the movement of commodities; the postponement of all highway construction relatively less essential or not based upon important military or economic needs. The department is preparing to suggest to the state highway departments the preparation of a schedule of work for the federal aid projects for 1918 in line with this policy."

In carrying out the policy thus announced there has been sent out by the office of public roads of the department of agriculture schedule forms on which the states are requested to set forth their proposed federal aid work for the 1918 working season. These schedules call for a description of each road, the character, quantity and rail haul of the materials to be used, the probable cost, the amount of federal funds desired, the specific purpose of the improvement, its bearing upon the war situation, and what effect a delay of the work until 1919 or later would have. With the information thus assembled and classified, an efficient road construction program is assured. While it is impossible to make any definite statement regarding the transportation of road materials, the expectations are that the transportation situation will be improved and that the shipment of such materials for essential projects can be made.

Road construction and maintenance in the United States involve an annual expenditure of some \$300,000,000, and there is scarcely a section of the country that is not seriously affected by a marked disturbance in road work.

CONDEMN TYPE OF HIGHWAYS

Layman Often Errs in Passing Judgment on Type When Poor Maintenance Is to Blame.

The following is taken from a paper by B. H. Piepmeyer, maintenance engineer, highway department, state of Illinois. It touches a subject upon which every layman who uses the public roads should inform himself:

"Many different types of roads have been condemned by the public chiefly on account of the lack of proper maintenance. The proper type of road may be selected by the engineer, but if he has no means of controlling maintenance his choice may be condemned by the average layman.

"Public sentiment is molded largely by the results that are evident to the eye, regardless of the money actually expended. It is not uncommon to



Good Road in Illinois.

hear the layman say that certain roads are very expensive and unsatisfactory. He often passes judgment upon a road and condemns it without any investigation of its cost or how economical and satisfactory it might be if properly maintained.

"The average road engineer is confronted with the problem of educating the public to an appreciation of the principles of economy in road improvement as much as with technical matters, such as the selection of a type of pavement and the method of properly maintaining after construction."

The Housewife and the War

(Special Information Service, United States Department of Agriculture.)

PLAN YOUR MEALS FOR A WEEK



With Her Meals Scheduled, the Housewife's Saturday Market Basket Can Bring Food for a Week, Except Some Perishables.

PLANNING MENUS WEEK IN ADVANCE

Satisfactory Answer to Question "What Shall I Have for Dinner?"

MAKE FEWER MARKET TRIPS

Definite Schedule Will Be Great Help in Avoiding Waste—Meals Suggested to Meet Food Administration's Requirements.

It will pay you, Mrs. Housekeeper, to sit down for an hour each week and spend the time in planning your week's menus in advance. Especially at this time when all are striving to conserve food, you will find a definite schedule a great help in avoiding waste.

Here are some menus for a week from a woman who believes in a working schedule for her household. The meals are carefully planned to meet, first of all, the food administration's requirements, using substitutes for wheat, meat, fat, and sugar, and they show also how a little careful planning can save the time and labor of the busy housewife. Features of the menus are the breadless meals and "quick breads" (muffins, etc.) made from other grains to save wheat, and the use of meat substitutes and savory dishes which call for little meat.

The meals suggested are all simple and are planned to meet the needs of a family of four, consisting of two adults and two children. None of the menus are inflexible but could easily be varied to meet changing conditions. You can use these as guides in planning your family meals.

The recipes for most of the dishes given in the accompanying menus are published in the United States Food Leaflets of the United States department of agriculture and the food administration. This woman works her schedule to save time, fuel, and labor. On Saturday she baked her oatmeal bread to last for Sunday, Monday and Tuesday. The rolls for Sunday were therefore ready to be reheated Sunday morning. The hen for the chicken loaf was cooked in the fireless cooker Saturday in one cooking compartment while a quantity of apricots was cooking in the other compartment. The codfish balls were made Saturday night, thus utilizing some mashed potatoes left from dinner.

Twice the quantity of hominy grits required were cooked in the double boiler for Monday breakfast and utilized with the apricots left from Sunday to make the apricot-hominy scallop. In the same way enough apples were baked for two meals. Corn sirup was used to sweeten the baked apples and stewed fruit in place of sugar.

The stock from boiling the chicken served as the basis for chicken soup Tuesday, and the small quantities of left-over vegetables used for the vegetable salad Friday.

Instead of stopping each day to answer the question, "What shall I cook today?" answer it at one time for the whole week. Try the plan and see how much easier your work becomes.

A WEEK'S MEALS FOR FOUR

SUNDAY.		
Breakfast.	Luncheon or Supper.	Dinner.
Stewed dried apricots	Cheese sandwiches	Chicken loaf with gravy
Codfish balls	Stuffed dates	Buttered carrots
Hot wheat and oatmeal.	Hot cocoa.	Steamed rice
rolls and butter		Celery
Coffee for adults		Oatmeal bread
Milk for children		(homemade)
		Fruit gelatin
MONDAY.		
Breakfast.	Luncheon or Supper.	Dinner.
Stewed prunes	Cold chicken loaf	Hot pie of mutton and
Hominy grits with milk	Corn pone and butter	barley
Barley biscuit and	Hot cocoa	Cold slaw
marmalade	Marmalade	Stuffed potatoes
Coffee or milk		Apricot hominy scallop
TUESDAY.		
Breakfast.	Luncheon or Supper.	Dinner.
Rhubarb sauce	Creamed peanuts and rice	Chicken soup
Creamed eggs on toasted	Oatmeal cookies	Bean loaf
oatmeal bread	Tea or milk	Butter
Coffee or milk		Green onions and lettuce
WEDNESDAY.		
Breakfast.	Luncheon or Supper.	Dinner.
Baked apples	Cream of tomato soup	Pot roast of beef
Creamed dried beef	Toasted corn muffins	Browned potatoes and
Cornmeal muffins	Oatmeal pudding	gravy
Coffee or milk		Pickled beets
THURSDAY.		
Breakfast.	Luncheon or Supper.	Dinner.
Corn flakes with canned	Split pea soup and	Pot roast of beef
peaches and top milk	crackers	(reheated)
Fried beef liver	Baked bananas with raisin	Mashed potatoes
Barley muffins	sauce	Baked onions
Coffee or milk	Cornmeal cookies	Lettuce and cottage
FRIDAY.		
Breakfast.	Luncheon or Supper.	Dinner.
Hominy grits with milk	Kidney bean stew	Scalloped fish
Soft-cooked eggs	Corn-dodgers	Stewed tomatoes
Toasted victory bread	Apple butter	Boiled potatoes
Coffee or milk	Tea or milk	Mixed vegetable salad
SATURDAY.		
Breakfast.	Luncheon or Supper.	Dinner.
Baked apples	Smoked fish with tomato	Shepherd's pie with
Oatmeal Cornbread	sauce	potato crust
Coffee or milk	Baked potato	Canned corn
	Apple sauce	Radishes
	Scotch oat crackers	Green beans
		Corn and wheat rolls
		Butter
		Tea or milk.

SUNDAY SCHOOL LESSON

(By REV. F. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)
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LESSON FOR MAY 5

JESUS SETS NEW STANDARDS OF LIVING.

LESSON TEXT—Mark 10:1-11.
GOLDEN TEXT—Seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you.
Matthew 6:33.
DEVOTIONAL READING—Ephesians 5:16-20.
ADDITIONAL MATERIAL FOR TEACHERS—Genesis 1:27; 2:18-25; Exodus 20:1-17; Matthew 18:1-14; 19:16-30; Luke 18:15-23.
PRIMARY TOPIC—Jesus and the children.
LESSON MATERIAL—Mark 10:1-16.
MEMORY VERSE—Suffer the little children to come unto Me, and forbid them not.—Mark 10:14.
JUNIOR TOPIC—How God would have us live.
ADDITIONAL MATERIAL—Exodus 20:1-17; Leviticus 19:11-18; Matthew 22:34-40.

I. Regarding Marriage (vv. 1-12).
The question touching divorce, which the Pharisees temptingly put to Christ, brought forth teaching which exhibits marriage in its true light.

1. Should not be degraded by divorce (vv. 1-6).

Divorce was not instituted by God. The marriage relationship is indissoluble. Moses suffered divorce, limited and regulated it. Its existence, its practice, is indicative of the coarseness and perverseness of man. Sin is its real cause.

2. Marriage is God's primal law (vv. 6-9).

The ideal law of life for the subjects of the kingdom of marriage. This is proven by the fundamental fact of sex. The union of the male and female natures is physical, mental and spiritual. In marriage, the male and female natures are mutually complemented. God's intention is that man should not be without the woman, nor the woman without the man (1 Cor. 11:11).

3. Remarriage of the divorcer is adultery (vv. 10-12).

The marriage relationship can only be broken by death and sin. In view of the fact that marriage is for life, men and women should not enter this relationship without very serious consideration. Divorce for other than marital infidelity does not give the right to remarriage.

II. Regarding Children (vv. 13-16).

The union of the male and female natures, according to God's purpose, lays the foundation for family life. The issue of such union is children. In connection with the divine law of marriage, it is fitting that Jesus should set forth his estimate of children and interest in them. The disciples considered it beneath the dignity of the Master to spend time with the children. Those who think it beneath their dignity to give attention to children should ponder well the words of Jesus. This will give the disciples proper consideration for work among children, and also to the nurture and discipline of their own children. Christian men and women will regard children as the property of the Lord, and will esteem it a high and holy privilege to train them for him. Due attention to Christ's teaching regarding children would transform the home life of society.

III. Regarding Riches (vv. 17-31).

1. The young ruler's question (v. 17).
This question reveals a void in his heart. He was a young man with a lovable character. The Savior's affections were enraptured by him. He was moral, honest, earnest and courageous. He had a wrong conception of eternal life. He thought that eternal life could be obtained by good works. Though he claimed to have kept the law, he was conscious of something lacking. He was willing to do something to fill up that which was lacking; therefore he came to Jesus making inquiry as to that lack.

2. Jesus' reply (vv. 18, 19).

He knew the young man's heart, and put his finger on the weak spot. When it came to parting with his possessions in order to help his neighbor he parted with the Lord, going away sorrowful. This revealed the fact that he was a covetous man, a violator of the tenth commandment.

3. Lacking one thing and yet lost (vv. 21, 22).

When the Lord pointed out to him that the defect in his life was the love of his money, he was unwilling to pay the price. When the time came in his life to choose between eternal life and riches, he chose wealth and parted company with Christ, perhaps, forever.

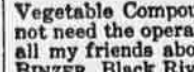
4. The peril of riches (vv. 23-31).

The difficulty does not lie in the fact that a man possesses riches, for a man may possess great riches and still be an heir of the kingdom. Wealth is a mighty power. In itself it is good.

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Vegetable Compound cured me so I did not need the operation, and I am telling all my friends about it."—Mrs. A. W. BINDER, Black River Falls, Wis.
It is just such experiences as that of Mrs. Binder that has made this famous root and herb remedy a household word from ocean to ocean. Any woman who suffers from inflammation, ulceration, displacements, backache, nervousness, irregularities or "the blues" should not rest until she has given it a trial, and for special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass.

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A New Service Flag.
One of our Jackies, Maurice Clement, the quartermaster on the U. S. S. Texas, thinks that the conventional service flag which is now flying from innumerable windows all over the country, has one defect. It does not tell what branch of the service each man has entered.

Now Quartermaster Clement is extremely proud of being in the navy, so, when he came to make a service flag for his own home, he framed the central white space with a piece of white-line tied in attractive knots. At the top and bottom of the panel he made a double Carleek bend; at each side, at equal intervals, a figure eight knot, and then a square knot, thus making a balanced design.

This flag is not only very attractive, but it leaves absolutely no doubt as to what branch of the service is symbolized.—Popular Science Monthly.

A Little Advertising.
"Boy, page Mr. Glimmering. Here's a quarter."
"Yes, sir. Thank you, sir."
"But remember, I'm Mr. Glimmering."
"I get you. Twice around the lobby and then you hall me."

Soft Soap Defined.
"Pop, why do people call jollyng soft soap?"
"Because there is so much lie about it, son."—San Francisco Chronicle.

Although the toper knows that he has to die some time he draws the line at a watery grave.

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